

Tomato & Pepper Soup

Serves 2

Per serving

85 kcals

0.7g fat

Ingredients:

200g tin of chopped tomatoes

1 medium pepper

1 medium onion

1 stick of celery

Cooking instructions:

1. Fry onion, pepper and celery in fry light or boil.
2. Add tin of tomatoes and pepper sauce, salt and pepper, cook for 10 mins and enjoy.